

lachele

AESTHETICS & WELLNESS

Post Treatment Instructions- Botox/Dysport/ Xeomin/ Jeuveau/ Daxxify/ Letybo

-Do not rub or massage the treated areas for **24 hours** following treatment. You may gently apply your typical skincare routine tonight.

-Standard facials and Broad Band Light treatments can be performed the same day, but *prior* to your injections. **Do not apply makeup for 30 minutes** after your injections.

-Do not lie down or do strenuous activity for 4 hours after treatment. This includes yoga, Pilates, or anything where your head may be inverted.

-No brow waxes, facials, or massages for 48 hours following treatment.

-It is possible you may experience a headache after treatment. You may take Tylenol or Excedrin. *Keep in mind products that contain Aspirin or fish oil may increase the risk of bruising.

-The redness and marks on the treated areas will likely disappear within a few hours after treatment. There is a slight risk of bruising that may last up to one week. This is temporary and can easily be covered with makeup.

-Neurotoxin can take up to 2 weeks for the full effect. Please be patient, as the treatment can take effect at varying rates in different areas. If you feel you would desire more relaxation of the muscles treated, we will address this at your 2 week follow up appointment for documentation for your next treatment. If you were treated with Dysport, your results will take effect sooner and you will see results by about day 5.

-This injection treatment is temporary, and at first you may find that your treatment results will last 3-4 months (4-6 months for Daxxify). If you maintain your treatment appointments with the frequency recommended, the duration of each treatment result may last longer.

-Your treatment will be at peak result at 2 weeks. This effect will slowly loosen up over the course of 12-16 weeks. It is normal to have movement slowly return during the duration of treatment.

-To achieve optimal results, **you will need to repeat your treatments** when you notice muscle activity and crinkling of the skin. **It is recommended to treat every 3-4 months.** Neurotoxin cannot be added during this 3-4 month timeframe.